

synthesis, despite the rate of 5-HT accumulation being the same in both groups. (Total movements in the 90 min following L-tryptophan, control  $8680 \pm 1102$ , experimental  $3468 \pm 166$ , 3 observations each,  $P < 0.01$ ). The hyperactivity response to the suggested 5-HT agonist, 5-methoxy *N,N*-dimethyl tryptamine was also inhibited in these animals indicating an interference with the mechanisms by which 5-HT brings about the hyperactivity syndrome (see Green & Grahame-Smith, 1976).

The locomotor response of iron-deficient rats to tranlycpromine (20 mg/kg) and L-dopa (100 mg/kg) was also inhibited although there was no difference in the accumulation of DA and NA from controls.

The response to methamphetamine (2 mg/kg) and apomorphine (2 mg/kg) was also decreased. This suggests that DA responses were inhibited in the iron deficient-group.

The DA and 5-HT mediated responses became normal after feeding the iron-deficient group with the iron-plus diet for 7 days. At this time the haemoglobin values approached normal ( $12.2 \pm 0.42$  g/dl (6)).

These results will be discussed in relation to the role of iron in the mechanisms of monoamine neurotransmission.

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## Ultrastructural changes in the coronary vascular system following prolonged emotional stress. An experimental model for the study of coronary vascular disease?

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Following exposure of the rat to a variety of stressful situations there occurs an elevation of circulating corticosterone (11-OHCS). Work from this laboratory indicates that the elevation can be quantitated, in that rats exposed to signalled regular footshock (2 s of 2 mA scrambled footshock every 88 s for 45 min, i.e. 30 trials) show an intermediate ( $45\text{--}55 \mu\text{g}/100 \text{ ml}$  blood plasma), and that rats exposed to irregular signalled footshock with the possibility of escape (7 shock exposures randomly placed in a 35 min session) show extreme ( $85\text{--}95 \mu\text{g}/100 \text{ ml}$  blood plasma) (Bassett, Cairncross & King, 1973) steroid elevation.

Intermediate 11-OHCS elevation is independent of the physical intensity of the stressor, and the extreme 11-OHCS elevation occurs only with unpredictability of stress. The contention is made therefore, that extreme steroid elevation contains a psychological component which when superimposed on the physical stress response produces an increment in 11-OHCS output (Cairncross & Bassett, 1975).

The 'psychological increment' of the stress response appears to be linked with unpredictability in the timing of the stressor, and might be considered of emotional derivation. Such a derivation has long been implicated in the pathogenesis of cardiovascular disease. It seemed not unreasonable therefore to expose male rats to the irregular signalled footshock regimen over a prolonged period of time (70 days) and to examine during and at the end of that period, not only the degree of 11-OHCS elevation, but also the morphological changes which could predictably occur within the cardiovascular system and within other physiological systems.

The morphological changes obtained with light microscopy were largely confined to the micro-circulation of the coronary vasculature, and included, at 70 days, a significant degree of congestion and

dilation of the large venules, collecting venules and veins. There was accumulation of PAS staining positive material, consistent with platelet aggregation margined on the endothelium of small veins. Coronary arterioles showed some oedema of the intima and media with the presence of microvacuoles. There was a marked mast cell infiltration into perivascular areas of the coronary microcirculation.

In view of the results described it was necessary (i) to confirm that the microvacuoles contained lipid, (ii) to examine the ultrastructure of the endothelial lining for evidence of junctional gaps, and (iii) to search for indications of platelet aggregation within the microcirculation. Evidence is presented confirming each of the suppositions enumerated.

A time course study designed to demonstrate the onset of ultrastructural changes indicates that junctional gaps appear after 40 days of stress.

### The effect of some anti-inflammatory and anti-malarial drugs on the migration of horse leucocytes *in vitro*

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When leucocytes are packed into a capillary tube, by centrifugation, and the cell-supernatant interface is cut, they migrate fanwise from the cut end. The process has been studied extensively in relation to delayed hypersensitivity, and recently as affected by some anti-inflammatory drugs (Meacock & Kitchen, 1976). We also have examined the effects of some anti-inflammatory drugs, particularly those which also have anti-malarial activity. Migration has been inhibited by a number of such drugs, and also by chemically related compounds not known to be anti-malarial or anti-inflammatory.

Leucocytes have been obtained by allowing erythrocytes to sediment spontaneously from horse blood, yielding a leucocyte-rich plasma, which is centrifuged at 180 g for 10 minutes. The leucocytes are resuspended in medium 199 and are allowed to migrate for 18 h as described by George & Vaughan (1962), with minor modifications, in the presence of drug. The leucocytes comprise 80.0% (s.e. mean =  $\pm 1.8$ ,  $n = 14$ ) polymorphonuclear neutrophils. Migration is measured as the distance from the cut end of the capillary to the boundary of the migrating cells. Conventionally, in experiments of this type the response is measured as the area covered by the migrating cells. However, we have found that the variance of such measurements was strongly correlated with the mean ( $r = +0.53$ ,  $n = 20$ ,  $P = 0.01$ ) whereas the same parameters of the distance migrated

Examination of plasma 11-OHCS levels indicates that the extreme elevation is maintained for at least 25 days, and thereafter declines to some 45  $\mu\text{g}/100\text{ ml}$  plasma by day forty. This level of 11-OHCS is maintained through to termination of the experiment at day seventy. It is possible that a causal relationship exists between the microcirculatory changes and the reduction in circulating 11-OHCS levels.

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was only slightly correlated ( $r = 0.21$ ,  $n = 20$ ,  $P = 0.34$ ). Potency of compounds has therefore been estimated as the concentration of drug reducing the distance of migration to 50% of the control.

The following anti-malarial drugs were tested by this method: mepacrine, chloroquine, hydroxychloroquine, chloroguanide, cycloguanil, primaquine and quinine. Drugs of similar chemical structure such as imipramine and chlorpromazine, together with aspirin, indomethacin, phenyl butazone and hydrocortisone were also examined.

We have found that mepacrine, imipramine, chlorpromazine and proguanil all inhibited leucocyte migration with  $\text{EC}_{50}$  of between 90 and 250  $\mu\text{M}$ . Chloroquine, hydroxychloroquine and quinine were about 8 times less active than mepacrine and primaquine 5 times less so. Cycloguanil and conventional anti-inflammatory drugs were inactive up to 1000  $\mu\text{M}$ .

These findings confirm that conventional anti-inflammatory drugs do not inhibit random migration of polymorphonuclear neutrophils. Mepacrine and chloroquine, which have been used to control rheumatoid arthritis, are active at concentrations comparable to those achieved therapeutically. It appears that inhibition of migration is neither specific to anti-malarial activity nor to chemical structure, but this activity may contribute to the anti-inflammatory activity of these drugs.

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